

Creative Spiritual Practice

*OHC Spiritual Direction Ministries in partnership with New Joy Arts.
Instructors: Angela Houk, New Joy Arts & Renee Schafer, Spiritual Director*



This Month: *Transforming Celebration*

Choosing a posture of celebration in the midst of difficult times in life transforms our souls. Together we will contemplate this spiritual process of change as we create. This workshop will focus on transforming random paint blotches into works of beauty. Come prepared with an apron or shirt smock to protect your clothing.

Bring a journal if you like. All materials provided.

Date: Sunday 5/6

Times: 11:00am-1:00pm & 4:00pm-6:00pm

Cost: \$5 per person/ \$15 per family

Register online at www.oakhills.org

For more information contact us at TheStudio@oakhills.org

The Studio at Oak Hills, 1100 Blue Ravine Rd, Folsom CA *Located in Building C2*