

Creative Spiritual Practice

OHC Spiritual Direction Ministries in partnership with New Joy Arts.

Instructors: Angela Houk, New Joy Arts & Renee Schafer, Spiritual Director

JUNE: Sunday 6/10

Mapping our Journey:

Life is a landscape full of choices, moments & places that unfold in a journey. Learn to map your own story.

AUGUST: Sunday 8/12

Living in the Light:

Consider the power of light & the beauty of exposure as we contemplate our own souls through photo exploration.

Times: 11:00am-1:00pm & 4:00pm-6:00pm

JULY: Sunday 7/15

Meditations on Living Water:

Souls need refreshing. Come sit & consider Jesus as the source of our refreshment through your senses.

SEPTEMBER: Sunday 9/9

The Salt of the World:

Salt preserves & displaces objects. Consider what it means to be called salt as we experiment with it's effects.

Cost: \$5 per person/ \$15 per family

Register online at www.oakhills.org

For more information contact us at TheStudio@oakhills.org

The Studio at Oak Hills, 1100 Blue Ravine Rd, Folsom CA *Located in Building C2*