

# Creative Spiritual Practice

*OHC Spiritual Direction Ministries in partnership with New Joy Arts.  
Instructors: Angela Houk, New Joy Arts & Renee Schafer, Spiritual Director*

## **This Month:** *Salt of the World*



Salt preserves & displaces objects. Consider what it means to be called salt as we experiment with it's effects. This workshop will include both an art practice & a culinary experience.

Bring a journal if you like. All materials provided.

**Date:** Sunday 9/9

**Times:** 11:00am-1:00pm & 4:00pm-6:00pm

**Cost:** \$5 per person/ \$15 per family

Register online at [www.oakhills.org](http://www.oakhills.org)

For more information contact us at [TheStudio@oakhills.org](mailto:TheStudio@oakhills.org)  
The Studio at Oak Hills, 1100 Blue Ravine Rd, Folsom CA *Located in Building C2*